

The Najidah Approach

At Najidah we believe that all forms of abuse are unacceptable and that every individual has the right to live in a safe community.

Committed to a philosophy of empowerment, we believe that power imbalances contribute significantly to the high levels of abuse in our communities. For this reason we see that acquiring a greater understanding of personal rights and responsibilities as being critical for people to break free from abuse.

All service users are supported to develop a plan of action designed to develop support networks and resources for independent living.

Accommodation Services

Najidah provides accommodation and support to families affected by Domestic & Family Violence. Services are delivered at varying levels of support depending on circumstance: emergency, crisis, medium term and longer term accommodation for women and children escaping domestic and family violence. We also provide limited transitional housing to help with clients' reintegration into the community.

Outreach Services

Najidah's Outreach and Follow-up service offers ongoing assistance and support for non-residents by helping clients to develop plans and strategies for change, or by providing a referral service, connecting clients to additional supports.

Children's Programs

Najidah has always recognised that around 75% of those who come under our care are children. As a result we maintain a focus on developing and running programs to support children directly, and also on offering relevant parenting programs to our clients.

Inter-generational Change

The Najidah approach, combined with other SunnyKids services and programs, aims to break intergenerational cycles of poverty and disadvantage.

Want to know more? Please call us on (07) 5479 0394.