

TELL US HOW YOU FEEL



We want you to Speak UP!

If you want to **make a complaint** or **talk** about things that are going on for you, here is how you can do it.

If something's up, don't keep it bottled -
Talk to someone or find an adult you vibe with who can help you
say what's on your mind.



You can hit up a staff member -
chat face-to-face if you're seeing them soon, or call them.



Just let them know you wanna speak up about something or file
a complaint—whatever's bugging you.



If you tell us something super personal, we might have to let
someone else know, like a teacher or the police.
We will do our best to keep you safe.



After you chat with us, we will try to help you. Sometimes, we might need
to tell someone like a teacher or the police to make sure you're safe.
We'll keep checking in with you to let you know what's going on, and
you can also talk to us if you have questions.



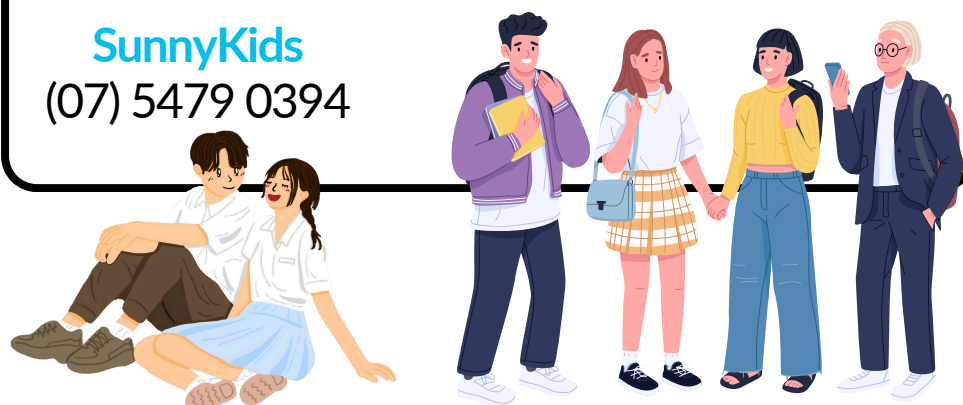
YOU ARE
NOT
ALONE
IN THIS

Helpful numbers:

kidshelpline
1800 55 1800
Beyond Blue
1300 224 636

SunnyKids
(07) 5479 0394

Emergency
Police, Fire and Ambulance
Triple Zero (000)



ASKING
FOR HELP IS
OK